

# Jump from unstable to stable Arches

## Arches 3.c

### Activity info

#### Senses



Proprioceptive



Vestibular



Tactile



Visual

#### Age

5-6 years

### Watch the video



Scan the QR-code to access a video of the activity or follow link:

[learning.gonge.com/video/963](https://learning.gonge.com/video/963)



### Activity guidelines

#### Instruction

- Make a course of Arches with the curved ends alternately facing up and down
- The child jumps from stable to unstable Arches with feet together
- When feeling comfortable, encourage the child to jump on one leg
- Try to remain balanced

#### Mastery

- The child can coordinate jumps and move steadily

#### Assesment

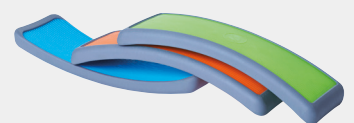
Observe whether the challenge is in the child's proximal zone of development, or whether it is either too easy or too difficult for the child.

Read more about how to assess this on page 13.

### About Arches

Multipurpose Arches designed to allow children to invent new ways of playing and create motor challenges; the possibilities are endless. An Arch can be placed either with the curved side up - forming a bridge - or down, turning it into a seesaw.

*Dimensions*  
L 59 cm, W 21.5 cm, H 10.5 cm.



Art 2163