

# Race around Riverstone square - 1

## Riverstones 3.a



### Watch the video

Scan the QR-code to access a video of the activity or follow link:

[learning.gonge.com/video/505](https://learning.gonge.com/video/505)



## Activity info

### Senses



Proprioceptive



Vestibular



Tactile



Visual

### Age

3-4 years

## Activity guidelines

### Instruction

- Make a square using four Riverstones as corners
- The sides of the square should be no less than five metres
- Encourage the children to race around the square
- Remember to run around all the Riverstones

### Mastery

- The child has the endurance to perform the activity for a minimum of three minutes
- The child remembers to run around all Riverstones

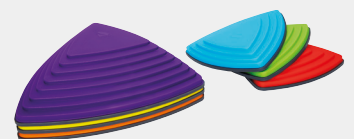
### Assesment

Observe whether the challenge is in the child's proximal zone of development, or whether it is either too easy or too difficult for the child. Read more about how to assess this on page 13.

## About Riverstones

The River Stones are inspired by stepping stones in a river with each side of the triangle varying in steepness and difficulty. The purpose is to jump from stone to stone without touching the floor - you can vary the position of the stones to create more challenging paths for children.

*Dimensions*  
L 26/38 cm, W 26/37 cm,  
H 4.5/8.5 cm



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